



الشركة اليمنية للعلاج الطبيعي والخدمات الطبية جمهورية التشيك

www.akram.cz

Mobil: +420 – 776666688

Email: info@akram.cz

## مصح الثرمال

### **Spa treatment:**

Spa treatment in the Thermal Spa Hotel is based on the use of the combination of natural healing sources, the latest treatment and rehabilitation methods and favourable foothill climate. In April 2012 a newly open spa-wellness centre features an indoor pool, whirlpool, fitness, Kneipp's path, dry Finnish sauna, infracabin, steam bath and offers a wide range of spa treatment procedures.

There are 3 treatment procedures daily except Sunday in the spa treatment stay (comprehensive spa treatment). Spa treatment procedures are provided from Monday to Saturday inclusive, relaxing day is Sunday.

Spa treatment stay (comprehensive spa treatment) in the room category Comfort and Comfort & City View: guests will get 3 additional spa treatment procedures for each 7 nights.

### **Indications for the Karlovy Vary spa treatment:**

#### 1) Digestive tract disorders

- chronic gastric dyspepsia
- gastric and duodenal ulcers, postoperative conditions following duodenotomy, gastrotomy and oesophagotomy
- functional disorders of the intestine, namely chronic obstipation or irritable bowel syndrome
- chronic intestinal inflammation /Morbus Crohn, Proctocolitis chronica/
- postoperative conditions following small intestine and colon surgeries
- gallbladder and bile duct disorders, cholelithiasis, biliary dyspepsia, postoperative conditions following gallbladder and bile duct surgeries
- states after acute hepatitis of any etiology, chronic hepatitis, hepatic steatosis or compensated hepatic cyrrhosis
- pancreatic disorders, states following acute pancreatitis, chronic pancreatitis, states following pancreas surgeries and transplants



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## 2) Metabolic disorders

- obesity
- type 1 and 2 diabetes mellitus, including diabetic complications
- lipid metabolism disorders /dyslipidaemia/
- disorders of uric acid metabolism /gout/

## 3) Locomotor apparatus problems

- chronic spinal pains of both functional and degenerative origin, postoperative conditions following spine surgeries
- aching joints, joint arthritis, metabolic joint disorders /gouty arthritis/, traumatogenic conditions or conditions following joint surgeries and total joint endoprosthesis operations

Spa treatment for children available from 14 years of age.

### **Contra-indications for the Karlovy Vary spa treatment:**

The Thermal Spa Hotel cannot treat clients:

- a) who are dependent on help of another person
- b) weighing more than 150 kg
- c) who suffer from epilepsy
- d) who have decompensated diabetes mellitus
- e) who suffer from incontinence of urine or stools
- f) who are treated for mental disorders
- g) pregnant women
- h) who have non-healing skin defects
- i) who are addicted to drugs
- j) who have oncological diseases
- k) who have infectious and inflammatory diseases

### **Treatment procedures:**

1. Hydrotherapy: thermal water bath, pearl bath, carbone dioxide bath, solution baths (Calmonal, peloid bath), Scottish jet shower, whirlpool bath, underwater massage, leg whirlpool bath
2. Massages: classical massage for the whole body and partial, reflex massage, underwater massage, anti-cellulite massage



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3. Electrotherapy: laser, scanner, magnetotherapy, biolamp, solux, mountain sunshine, endo-vaco, BTL-06, phyaction, ultrasound, myostimulator
4. Gymnastics and swimming: individual gymnastics, group gymnastics, swimming, gymnastics in the pool, nordic walking
5. Other treatments: peloid applications, paraffin gloves, inhalation, lymphatic drainage – apparatus, dry carbon dioxide bath, oxygen therapy, pneumopuncture, hydrocolon, salt chamber
6. Treatments at extra cost (not included in the price of the spa treatment stay – paid by the guest): aromatherapy massage for the whole body with peeling, chocolate massage with wrap, hot stone therapy, honey massage, reflexology foot massage, clay facial mask, hydroxeur, wellness treatments with BABOR cosmetics

Outdoor swimming pool (50 x 17 m) with 1/3 of Karlovy Vary hot healing spring water is open from April to September. All hotel guests can enjoy free use of the outdoor swimming pool from 10:00 a.m. to 01:00 p.m., guests staying in the room category Comfort and Comfort & City View can enjoy free use of the outdoor swimming pool the whole day long.